

Federal Budget Impact to Insurance Plans

The Insurance and Real Estate Committee Forum Oct. 1, 2025

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The core mission of the Connecticut Insurance Department is consumer protection. The Department carries out its mission by enforcing State insurance laws to ensure that policyholders and claimants are treated fairly. In addition, the Department closely monitors the financial condition and practices of insurance carriers to help ensure that a healthy industry is available to provide a wide range of insurance products to Connecticut residents and to pay covered claims arising under the products provided. The department is responsible for setting rates that are not excessive, inadequate or discriminatory.



Fully Insured Market Overview

Market Contraction Continues

Carriers:

- Anthem
- ConnectiCare and subsidiaries
- UnitedHealthcare subsidiaries

Plan Year	# Plans	#Carriers	Coverage
2026	8	7	224,000
2025	8	7	200,000
2024	10	9	188,000
2023	13	9	206,000
2022	15	11	222,000
2016	21	13	340,363

Growing The Market





The Challenges:

- A high-cost state
- A small-market state
- Limited profits

The Opportunities:

- Strike the right balance
- Promote Healthy Innovations
- Adapt Regulation to Evolving Technology



Connecticut Insurance Regulation



Every state has diverse needs, risks and interests

Common denominator is consumer protection

CT well respected among peers for regulatory expertise

Staff have been honored nationally

Fortunate to be properly resourced

Return \$ millions/year to consumers & general fund



Preparing for Federal Changes



NAIC actively lobbying against key provisions:

Expiration of enhanced premium tax credits

Annual eligibility verification

Renewal of cost-sharing reduction payments in 2027

Monitoring CMS changes that will affect enrollment/access

Making consumers aware of scams and non-insurance products

Stepping up public outreach and education

Continue to work closely with ACHT

